

Artist Introduction



Yarina Yao

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Digital Artist & Influencer

Art forms

Including but not limited to iPad, AI, acrylic, oil painting, etc.



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Based in: Shanghai, China / Los Angeles, USA.

Yarina (@yarinayao.art) is a passionate and creative artist.

From middle school, she attended art school to study sketching, watercolor, and oil painting. In university, she majored in fashion design and furthered her studies at the Academy of Art University in San Francisco. There, she not only enhanced her artistic skills but also unexpectedly fell in love with fitness. Upon returning to China, although she didn't pursue a career in art, she even became a fitness coach!

In early 2024, Yarina picked up the paintbrush again by chance, reigniting her passion for art. Since then, she has embarked on her journey as an artist, bringing two eye-catching series to life: "Hot Dolls" and "Fitness Foodies."

The "Hot Dolls" series is inspired by Yarina's love for tanning, makeup, and bright-colored fashion. The dolls in these works are all dark-skinned, stylish, and exude a Western flair. Each doll radiates confidence and charm, much like Yarina herself!

She hopes her works can instill confidence and positive energy in girls.

The "Fitness Foodies" series is a brilliant combination of fitness and food. The fitness girls in the paintings wear bright-colored workout outfits designed by Yarina herself, but the fitness equipment in their hands has turned into various foods—dumbbells become tacos, and weight plates become eggs. Through these works, Yarina aims to show that fitness can be enjoyable, and eating well is paramount, without worrying about body image anxiety. She advocates for a lifestyle of joyful fitness.

All of her works are created on an iPad, and the digital format allows her creativity to flourish. Her works can not only serve as wall decor but also be printed on clothes, phone cases, and other derivatives, becoming artistic touches in everyday life.

In the future, Yarina will continue to explore more possibilities in the "Hot Dolls" and "Fitness Foodies" series, conveying happiness and beauty in her unique way. Her creative journey has just begun, and more exciting works are sure to come!

Artworks

"Hot Dolls" Series



Digital Art
The Meditating Hot Doll



Digital Art
The Dragon Year Hot Doll



Artworks

"Hot Dolls" Series



Digital Art
The AI Hot Doll



Digital Art
The Spring Hot Doll



Artworks

"Hot Dolls" Series



Digital Art
The Girl Boss Hot Doll



Digital Art
The Emotinally Stable
Hot Doll



Artworks

"Fit Foodie" Series



Digital Art
Taco Day

Digital Art
Egg Day

